



# YOGA KNOWLEDGE IN TRANSLATION:

## REFLECTIONS ON INDIGENIZING MEDICAL RESEARCH



Dr. Meera Jo Kachroo (University of Saskatchewan, Canada) will present her reflections on yoga as a biomedical intervention at two First Nations reserves in Canada. Dr. Kachroo will explore congruence between yoga's integrative approach and the Medicine Wheel model of Indigenous well-being, while sharing challenges and lessons in the processes of Indigenous health research.

**Tuesday, September 17**

**7:30 - 9 pm**

**Yoga-Well-Being**

296 W. 4th Avenue, 3rd Floor  
Columbus, OH 43201

***Parking:** there is a parking lot and free street parking.*

***What to bring:** bring socks to wear in the studio. Bare feet are not permitted.*

*For accessibility considerations, please see the event webpage*



*Free and open to the public*  
<https://religion.osu.edu/events>