



# Town Hall

April 17, 2019



# University Level

- Suicide and Mental Health Task Force
  - ➔ Established by President Drake April 2018
  - ➔ Report with Recommendations
  - ➔ <https://suicideandmentalhealth.osu.edu/>
- Recommendations
  - ➔ Advance and Sustain a Culture of Care
  - ➔ Enhance and Standardize Screening Procedures
  - ➔ Enhance Resources
  - ➔ Communication of Support and Mental Health Promotion
  - ➔ Expansion of Delivery Mechanisms
  - ➔ Explore our Campus Environments to Advance Additional Safety Measures
- Implementation Team
  - ➔ Currently working
  - ➔ ~18 month implementation phase



# College Level

- Fall 2018, College created a working group to consider mental health and well-being.
  - ➔ Strategize about best practices
  - ➔ Consider steps that could be taken at the college and departmental level
- Working group created a list of ideas
  - ➔ Enhanced Education
  - ➔ Increased counseling capacity
  - ➔ Faculty & Staff Training
  - ➔ etc.
- Working group was put into a “holding pattern”
  - ➔ Waiting on outcome of University Implementation Team
  - ➔ Want College response to be aligned with university



## Department Level

- Will coordinate with University/College initiatives
  - ➔ Would like to see increased capacity for counselors with understanding of stressors related to STEM fields.
- Number of ideas that we can explore at the department level
  - ➔ Training for certain faculty and staff (e.g. “Mental Health First-Aid”)
  - ➔ Better connections to campus resources (partnering)
  - ➔ Peer Support/Mentoring
  - ➔ Education (e.g. workshops on dealing with stress)
  - ➔ Communication
  - ➔ etc.



# Resources

General resources: <https://gradsch.osu.edu/pursuing-your-degree/social-wellness-student-life>

Dennis Learning Center: <http://dennislearningcenter.osu.edu/>

Counseling and Consultation Services: <https://ccs.osu.edu/>

Dennis Learning Center: <http://dennislearningcenter.osu.edu/>

Disability Services: <http://slds.osu.edu/>

Financial Counseling: <http://swc.osu.edu/services/financial-education-and-coaching/>

Ohio State Stress, Trauma, and Resilience Program (STAR):

<https://wexnermedical.osu.edu/mental-behavioral/stress-trauma-resilience>

Resources for Survivors of Sexual Misconduct:

<https://studentlife.osu.edu/articles/resources-for-survivors-of-sexual-misconduct>

Student Advocacy Center: <http://advocacy.osu.edu/>

Student Health Services: <https://shs.osu.edu/>

Student Legal Services: <http://studentlegal.osu.edu/>

Suicide Prevention: <http://suicideprevention.osu.edu/get-help/>

Title IX: <https://titleix.osu.edu/>

Writing Center: <https://cstw.osu.edu/writing-center/writing-center-services>