

# Parenting Your Gifted Child

## What:

Guided Discussion Group for Parents of Gifted Children

## When:

Seven Wednesdays, April 2 – May 14, 2014,  
7:00 p.m. - 9:00 p.m.

## Where:

Innovative Learning Center  
5323 Cemetery Rd, Hilliard, OH 43026

## Facilitated by:

Heather Cachat, M.Ed., *Certified SENG Facilitator*  
Jeanne Melvin

## Cost:

\$175.00 per couple/individual

Includes:

- 350+ page comprehensive book, *A Parent's Guide to Gifted Children*
- Weekly handouts
- Access to free lending library

## Contact:

[www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)  
[cohgs@earthlink.net](mailto:cohgs@earthlink.net) or 614-361-4712

## Discussion Group Objectives

- ❖ Provide an environment to support and guide.
- ❖ Increase awareness of the special emotional needs of gifted children and their families.
- ❖ Develop the skills needed for parenting the emotional development of talented children.
- ❖ Provide resources to enhance understanding of gifted/high potential or twice exceptional children as well as programs and opportunities to meet their needs.

## About SENG

SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually. For more information please see: [www.sengifted.org](http://www.sengifted.org)

## What past Participants have said about SENG

### Groups:

- ✓ "It has helped to discuss the book as opposed to just reading it. I feel like I understand my children better and am more accepting of their quirks."
- ✓ "I do not feel as alone now."
- ✓ "I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."
- ✓ "This class has strongly changed my parenting techniques because I did not realize how special gifted kids are and how they need different techniques to help them grow."
- ✓ "I'm more patient dealing with sibling rivalry. It helps to really learn why gifted kids do what they do so we as parents won't get as frustrated."



Central Ohio Gifted Support, LLC  
Keeping the wheels turning.



## About Your Facilitators

Heather Cachat has worked with gifted children for over a decade in the Central Ohio area. She believes strongly in educating the whole child, including the social and emotional aspect. Heather knows how important it is for parents of gifted children to have the support they need. Heather lives in Columbus with her husband and two young children.

Jeanne Melvin is a veteran educator who has raised three gifted children of her own. After 24 years as an elementary classroom teacher, she ventured into gifted education to learn more about the cluster of talented students in her class and to better understand some of the unique characteristics of her gifted daughters. That journey provided many opportunities for self-discovery as well. Jeanne is now a gifted teacher in a local public school system, where she provides a weekly pullout program for students in grades K-5. She believes that parents, educators, and family health professionals need to learn to recognize and accept the quirky intensities of gifted children and to provide strategies to help them succeed in life. Jeanne lives in the Worthington area.

## How to Register

Complete the attached Registration Form and return it to:  
Central Ohio Gifted Support  
1232 Colette Ct.  
Columbus, OH 43228  
Or go online to [www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)

## Why a Parent Discussion Group?

Parents are a child's first teacher and they continue to be teachers throughout the child's life. To be effective teachers, advocates and mentors, however, parents themselves continually need sources of information and support. Parents of gifted and talented children will find such resources through guided discussion groups.

### Topics include:

- Characteristics, Identification, and Identity Formation
- Communication and Discipline
- Intensities, Perfectionism, and Stress
- Motivation, Depression, and Bullying
- Competition, Rivalry, Friends, and Family
- Values, Traditions, the Media, and Successful Parenting

The discussion group uses the SENG (Supporting Emotional Needs of Gifted) model, and offers a place to freely talk about your child's development and your parenting challenges.



SENG logos used with permission.

Any parents are welcome to attend, and participants do not need to have a formally identified child. It is best if two adults involved in the child's life come each week. This can include aunts, uncles, grandparents. SENG discussion groups are designed to help parents connect with other parents in a meaningful way. To honor this, groups will be limited to 8-18 participants. If there are more interested people than space allows, participants will be added to a waitlist for future discussion groups.

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### Registration Form

**Pre-registration is required. Registration will close on Wednesday, March 26, 2014.**

Name: \_\_\_\_\_ Phone (daytime): \_\_\_\_\_

Address: \_\_\_\_\_ Phone (evening): \_\_\_\_\_

Email: \_\_\_\_\_

### Child Information

(Please indicate by \* any children who have been identified as gifted and # if twice-exceptional.)

Name of Child	Age	Sex	Grade	School/District
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

How did you learn about this group?  
\_\_\_\_\_

We will send you a confirmation letter shortly, along with a copy of [A Parent's Guide to Gifted Children](#). This will allow you to read some of the book even before the first group meeting. If you have any questions, please call Heather Cachat at 614-361-4712. We look forward to seeing you at the group meetings.

**Please send registration and check payable to:**

**Central Ohio Gifted Support, LLC, 1232 Colette Ct., Columbus, OH 43228.**