

# Parenting Your Gifted Child

**What:**

Guided Discussion Group for Parents of Gifted Children

**When:**

Six Wednesdays, June 12 -July 24, 2013,  
7:00 p.m. - 9:00 p.m.

**Where:**

Bloom! Studio  
1890 Northwest Blvd., Suite 110, Columbus, OH 43212

**Facilitated by:**

Heather Cachat, M.Ed., *Certified SENG Facilitator*  
Ashley Aellig, M.S.E.

**Cost:**

\$120.00 per couple/individual

Includes:

- *A Parent's Guide to Gifted Children* book
- Weekly handouts
- Access to free lending library

**Contact:** [www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)  
[cohgs@earthlink.net](mailto:cohgs@earthlink.net) or 614-361-4712

**Topics include:**

- |                          |                            |
|--------------------------|----------------------------|
| ❖ Characteristics        | ❖ Unhappiness & Depression |
| ❖ Communication          | ❖ Only Children & Siblings |
| ❖ Motivation             | ❖ Peers                    |
| ❖ Discipline             | ❖ Values & Traditions      |
| ❖ Perfectionism & Stress | ❖ Successful Parenting     |

**About SENG**

The discussion group uses the SENG (Supporting Emotional Needs of Gifted) Model, and offers a place to freely talk about your child's development and parenting challenges. Discussion groups are designed to help parents connect with other parents in a meaningful way. Groups will be limited to 8-18 participants, with waitlists as needed.

SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually. For more information please see:

[www.sengifted.org](http://www.sengifted.org)

**What past participants have said about SENG Groups:**

- ✓ "It has helped to discuss the book as opposed to just reading it. I feel like I understand my children better and am more accepting of their quirks."
- ✓ "I do not feel as alone now."
- ✓ "I came into this class a little nervous and wondering what I would learn, just like everyone else. I'm leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world."
- ✓ "My child's a happier child, my family a healthier family, and I'm a better person as a result of the group. Thank you!"
- ✓ "I'm more patient dealing with sibling rivalry. It helps to really learn why gifted kids do what they do so we as parents won't get as frustrated."



Central Ohio Gifted Support, LLC  
Keeping the wheels turning.



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**About Your Facilitators**

Heather Cachat has worked with gifted children for over a decade in the Central Ohio area. She believes strongly in educating the whole child, including the social and emotional aspect. Heather knows how important it is for parents of gifted children to have the support they need. Heather lives in Columbus with her husband and two young children.

Ashley Aellig holds a master of science in school counseling and will receive her counseling license in the summer of 2013. She values lifelong learning and inclusive education that addresses the personal, social, academic, and career needs of all students. Ashley lives in Galloway with her family.

**How to Register**

Complete the attached Registration Form and return it to:  
Central Ohio Gifted Support  
1232 Colette Ct.  
Columbus, OH 43228  
Or go online to [www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)



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## Summer Sessions Registration Form

**Pre-registration is required. Registration will close on Friday, June 7, 2013.**

Name: \_\_\_\_\_ Phone (daytime): \_\_\_\_\_

Address: \_\_\_\_\_ Phone (evening): \_\_\_\_\_

Email: \_\_\_\_\_

### Child Information

(Please indicate by \* any children who have been identified as gifted and # if twice-exceptional.)

Name of Child	Age	Sex	Grade	School
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

How did you learn about this group?  
\_\_\_\_\_

We will send you a confirmation letter shortly, along with a copy of *A Parent's Guide to Gifted Children*. This will allow you to read some of the book even before the first group meeting. If you have any questions, please call Heather Cachat at 614-361-4712. We look forward to seeing you at the group meetings.

**Please send registration and check payable to:  
Central Ohio Gifted Support, LLC, 1232 Colette Ct., Columbus, OH 43228**