

Why a Parent Discussion Group?

Parents are a child's first teacher and they continue to be teachers throughout the child's life. To be effective teachers, advocates and mentors, however, parents themselves continually need sources of information and support. Parents of gifted and talented children will find such resources through guided discussion groups.

The discussion group uses the SENG (Supporting Emotional Needs of Gifted) model, and offers a place to freely talk about your child's development and your parenting challenges.

Any parents are welcome to attend, and participants do not need to have a formally identified child. It is best if two adults involved in the child's life come each week. This can include aunts, uncles, grandparents. SENG discussion groups are designed to help parents connect with other parents in a meaningful way. To honor this, groups will be limited to 8-18 participants. If there are more interested people than space allows, participants will be added to a waitlist for future discussion groups.

Topics include:

- Characteristics
- Communication
- Motivation
- Discipline
- Perfectionism & Stress
- Unhappiness & Depression
- Peers
- Only Children & Siblings
- Values & Traditions
- Successful Parenting

Discussion Group Objectives

- ❖ Provide an environment to support and guide.
- ❖ Increase awareness of the special emotional needs of gifted children and their families.
- ❖ Develop the skills needed for parenting the emotional development of talented children.
- ❖ Provide resources to enhance understanding of gifted/high potential or twice exceptional children as well as programs and opportunities to meet their needs.

About SENG

SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually. For more information please see: www.sengifted.org



SENG logos used with permission.

Pre-registration is required. Registration will close on Friday, December 28, 2012.

Name(s) _____

Email _____ Phone _____

Children _____ Age(s)/Grade(s) _____ School(s) _____

Is your child twice-exceptional? _____

Please send registration and check to: Central Ohio Gifted Support, 1232 Colette Ct., Columbus, OH 43228

What past Participants have said about SENG Groups:

✓ “The class and book has been a life saver! I can’t say enough good things about them and feel that every parent should have the opportunity to be in a gifted parent discussion group!”

✓ “I do not feel as alone now.”

✓ “I came into this class a little nervous and wondering what I would learn, just like everyone else. I’m leaving it knowing that I have made some good friendships and have gained a lot of knowledge about myself, my child, and how he perceives the world.”

✓ “My child’s a happier child, my family a healthier family, and I’m a better person as a result of the group. Thank you!”

About Your Facilitators

Heather Cachat has worked with gifted children for over a decade in the Central Ohio area. She believes strongly in educating the whole child, including the social and emotional aspect. Heather knows how important it is for parents of gifted children to have the support they need. Heather lives in Columbus with her husband and two young children.

Ashley Aellig currently works as a school counseling intern in Olentangy schools. She will receive her counseling licensure this spring. Ashley values lifelong learning and inclusive education that addresses the personal, social, academic, and career needs of all students. Ashley lives in Galloway with her family.

How to Register

Complete the attached Registration Form and return it to:
Central Ohio Gifted Support
1232 Colette Ct.
Columbus, OH 43228

Or go online to www.centralohiogiftedsupport.com



Central Ohio Gifted Support, LLC
Keeping the wheels turning.



Parenting Your Gifted Child

What:

Guided Discussion Group for Parents of Gifted or Twice Exceptional Children (ten weekly sessions)

When:

January 10 - March 14, 2013
Ten consecutive Thursday evenings,
except Wednesday Feb 7 & Feb 13
7:00 p.m. - 8:30 p.m.

Where:

Bloom! Studio
1890 Northwest Blvd., Suite 110
Columbus, OH 43212

Facilitated by:

Heather Cachat, M.Ed., *Certified SENG Facilitator*
Ashley Aellig

Cost:

\$150.00 per couple/individual

Includes:

- 350+ page comprehensive book, *A Parent's Guide to Gifted Children*
- Weekly handouts
- Access to free lending library

Contact:

www.centralohiogiftedsupport.com
cohgs@earthlink.net or
614-361-4712